**Recapping the approaches**

Tasks a), b) & c) are designed to help you to identify gaps in your knowledge of the approaches as well as to help you improve your knowledge.

**a)** **You must do the following** **without notes/revision aids/the pack:**

Either mind-map or list what you know about each of the approaches in the ‘Approaches in Psychology’ topic.

*Include the following* *aspects for each of the approaches* – *the assumptions, key terminology and the strengths and weaknesses.*

**b)** **Now, with revision aids/notes/the pack:**

With a different coloured pen - add in all the aspects (from the list above) you missed for each approach.

**c)** **Answer the following questions:**

1) Why do you think you missed these aspects? (Do you really understand how that particular point links to the approach or was it a case of you just forgot?)

2) Choose 4 of the aspects you missed and have a go at writing down why/how these link to the approach.

Use the table underneath to help you. An example has been given to help you.

|  |  |  |
| --- | --- | --- |
| **Approach** | **Aspect of approach I missed** | **Why this links to the approach** |
| E.g. Cognitive approach | Inference -  going beyond the immediate evidence to make assumptions about mental processes that cannot be directly observed | Because the cognitive approach is about mental processes we cannot directly observe these so we have to make assumptions about behaviour based on what we can observe e.g. scores on a memory test. |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Tasks continued on the next page**

**d)** Complete the approaches making links activity on the psych205.com>Paper 2> Approaches

**e)** Not only is the following task good for helping you to understand the approaches it also enables you to revise Schizophrenia and Gender!

**Create a powerpoint presentation explaining how the approaches below have been used to explain Gender and Schizophrenia:**

* Gender: Biological, cognitive, psychodynamic and learning theory (social learning theory)
* SZ: Biological explanations and cognitive explanations

***You must include the following in your presentation:***

* 5-6 key points on how the approach explains the behaviour
* Specific terminology from the approach itself (either use a different colour for these or put them in bold)
* A sentence that explains why each explanation links to that particular approach (hint: think about the assumptions)