Recapping the approaches

Tasks a), b) & c) are designed to help you to identify gaps in your knowledge of the approaches as well as to help you improve your knowledge.

a) You <u>must</u> do the following <u>without notes/revision aids/the pack:</u>

Either mind-map or list what you know about each of the approaches in the 'Approaches in Psychology' topic. *Include the following aspects for each of the approaches – the assumptions, key terminology and the strengths and weaknesses.*

b) Now, <u>with revision aids/notes/the pack:</u>

With a different coloured pen - add in all the aspects (from the list above) you missed for each approach.

c) Answer the following questions:
      1) Why do you think you missed these aspects? (Do you really understand how that particular point links to the approach or was it a case of you just forgot?)

      2) Choose 4 of the aspects you missed and have a go at writing down why/how these link to the approach.

Use the table underneath to help you. An example has been given to help you.

Approach	Aspect of approach I missed	Why this links to the approach
E.g. Cognitive approach	Inference - going beyond the immediate evidence to make assumptions about mental processes that cannot be directly observed	Because the cognitive approach is about mental processes we cannot directly observe these so we have to make assumptions about behaviour based on what we can observe e.g. scores on a memory test.

Tasks continued on the next page

d) Complete the approaches making links activity on the psych205.com>Paper 2> Approaches

e) Not only is the following task good for helping you to understand the approaches it also enables you to revise Schizophrenia and Gender!

Create a powerpoint presentation explaining how the approaches below have been used to explain Gender and Schizophrenia:

- Gender: Biological, cognitive, psychodynamic and learning theory (social learning theory)

- SZ: Biological explanations and cognitive explanations

You must include the following in your presentation:

- 5-6 key points on how the approach explains the behaviour
- Specific terminology from the approach itself (either use a different colour for these or put them in bold)
- A sentence that explains why each explanation links to that particular approach (hint: think about the assumptions)