|  |
| --- |
| **Behavioural explanation of phobias-** The two-process model |
| Acquisition | Maintenance |
| **Evaluation** |
| Supporting evidence |
| Can’t explain why some phobias are more common that others |
| Can’t explain why some people have traumatic experiences and don’t get phobias |
| Can’t explain why people don’t have traumatic experiences and still get phobias |
| Better explanation than looking at them separately |