**Flip 1: Introduction to schizophrenia and diagnosis**

**The Pack is being updated so you need to independently research online using the following links and a search engine website.**

1. **Watch this video** to give you an idea about how the symptoms of schizophrenia present themselves in patients: <https://www.youtube.com/watch?v=AVAbNL8mrgk>
* **Make a list of all the symptoms that are identified in the video**. <https://www.youtube.com/watch?v=ArqUt5dIlG8>



This video follows an artist Bryan Charnley who suffered from schizophrenia. In an attempt to portray the experience of the disorder he reduced his medication and painted a series of 17 self-portraits. This is a video presentation of the portraits, alongside entries from his diary. Very interesting insight to the disorder!

1. **Search online and make notes on the following questions**:
* How do psychiatrists make a mental health diagnosis? What information do they use and how?
* What is the ICD-10?
* What is the DSM-5?
* What problems are there with overlap of symptoms?
* What are the pros and cons of a diagnosis?
1. **Research task:**
* Write a definition of positive symptoms and describe hallucinations and delusions.
* Write a definition of negative symptoms and describe 3 avolition and alogia (speech poverty)
* Find out what co-morbidity means. Can you find any disorders that are co-morbid with schizophrenia?
* What symptoms of schizophrenia may overlap with other conditions? (Specifically look at bipolar disorder)
1. Watch this video: <https://www.youtube.com/watch?v=txCnQLxy1XY>
* Make notes on the key differences in schizophrenia between males and females.
1. Challenge: Read this article on the cultural and demographic factors that affect schizophrenia. <http://www.psychosocial.com/IJPR_10/Cultural_Demographic_Factors_of_Sz_Russo.html>