***Memory prep 3 Explanations for forgetting: interference and retrieval failure***

*Make notes on the material below using the memory information pack* ***and*** *videos on psych205.*

*Your notes should be:*

* **RE-WRITTEN IN YOUR OWN WORDS** this will ensure that you are processing the information deeply which will help you to remember what you have read in the class. It should mean that you precis (summarise concisely) the information in a way that has meaning to you.
* **Organised clearly –** Don’t forget to include **titles** and **subtitles**. A good idea is to include the key questions in the checklist as your subheading. If you define something don’t forget to actually include the key term you are defining.

**These notes will provide you with the core knowledge you need for the lessons on this topic.**

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| **Key questions** | **Notes complete** | **How well do you understand this?****Write RED, AMBER or GREEN** |
| **Interference theory**  |
| What is the interference theory? |  |  |
| What is proactive interference? Give an example.  |  |  |
| Give a personal example of when you have experienced proactive interference |  |  |
| What do Jacoby et al. think is the reason why this happens? |  |  |
| What is retroactive interference? Give an example |  |  |
| Give a personal example of when you have experienced retroactive inference |  |  |
| Draw a diagram or use images to distinguish between the two types of interference theories. You will be asked to show these in lessons. Want some inspiration? Type pro-active interference into google Image searches. |  |  |
| **Retrieval failure** |
| What does this theory suggest is the reason why we forget?  |  |  |
| Tulving proposed the Encoding Specificity Principle (ESP), what is this?  |  |  |
| What is context dependent forgetting? |
| Describe the details (procedure and results) of a research study that investigated context dependent forgetting (HINT: Godden and Baddeley) |  |  |
| What is state dependent forgetting?  |  |  |
| Describe the details of a research study (procedure and results) that investigated state dependent forgetting (HINT: Carter and Cassaday) |  |  |
| What does this theory suggest is the reason why we forget?  |  |  |
| **Apply your understanding**David had started a new job in an office. Frustratingly every time he logged on to his computer, he put in his old password from his previous job. In the same office, Carol was revising for her first aid course the next day, she had stayed late and was really tired. The next morning, she found that she could not remember much of the information she had learned the night before. Carol’s friend, Jose-Pablo was also doing the first aid course. He had gone home early to revise, but he also found it difficult to remember the information the next morning.In terms of theories of forgetting, explain David, Carol and Jose-Pablo’s behaviour. Use psychological evidence in your answer (6 marks)

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| --- | --- | --- |
| David | Carol | Jose-Pablo |
| Evidence | Evidence | Evidence |

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| Create your own revision materials – flash cards, mindmaps, quizlet etc. Ensure you have a glossary for all of these termsInterference theoryPro-active interferenceRetro-active interferencesRetrieval failureEncoding specificity principleCue dependent forgettingState dependent forgetting |  |  |