**PREP work**

**Psychopathology - Definitions of abnormality and Characteristics of Psychological disorders**

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*Make notes on the material below using the Psychopathology information pack and videos on* [*http://www.psych205.com/psychopathology1.html*](http://www.psych205.com/psychopathology1.html)*. Alternatively, you can use the QR code opposite to access the website.*

**These notes will provide you with the core knowledge you need for the lessons on this topic.**

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| **Key questions** | **Notes complete** | **How well do you understand this?****Write RED, AMBER or GREEN** |
| **Definitions of abnormality** |
| Name the 4 ‘definitions of abnormality’ |  |  |
| Write definitions of the following terms: *Standard deviation,**objective, subjective, social norm, cultural relativism.* |  |  |
| Explain the ‘deviation from social norms’ definition; include an example of deviating from a social norm. |  |  |
| Explain the ‘deviation from statistical norms’ definition; include an example of deviating from statistical norms. |  |  |
| Draw a sketch of the normal distribution curve  |  |  |
| Explain the ‘failure to function adequately’ definition; include an example of failing to function adequately. |  |  |
| Explain the ‘deviation from ideal mental health’ definition; include an example of deviating from ideal mental health. |  |  |
| **Characteristics of disorders** |
| What is meant by a ‘behavioural’ characteristic, a ‘cognitive’ characteristic and an ‘emotional’ characteristic? |  |  |
| What is a phobia?  |  |  |
| Explain 2 behavioural characteristics of phobias, 2 cognitive characteristics of phobias and 2 emotional characteristics of phobias (use the acronym to help you remember!) |  |  |
| What is depression? |  |  |
| Explain 2 behavioural characteristics of depression, 2 cognitive characteristics of depression and 2 emotional characteristics of depression (use the acronym to help you remember!) |  |  |
| What is OCD? |  |  |
| Explain 2 behavioural characteristics of OCD, 2 cognitive characteristics of OCD and 2 emotional characteristics of OCD (use the acronym to help you remember!) |  |  |
| Create a table or mind map summarising the behavioural, cognitive and emotional characteristics of each disorder (see psychopathology page on the website for an example) |  |  |