Psychopathology - Definitions of abnormality and Characteristics of Psychological disorders

Make notes on the material below using the Psychopathology information pack and videos on http://www.psych205.com/psychopathology1.html. Alternatively, you can use the QR code opposite to access the website.

<u>**These notes will provide you with the core knowledge you need for the lessons on this topic.**</u>

Key questions	Notes complete	How well do you understand this? Write RED, AMBER or GREEN
Definitions of abnormality		
Name the 4 'definitions of abnormality'		
Write definitions of the following terms: *Standard deviation, objective, subjective, social norm, cultural relativism.*		
Explain the 'deviation from social norms' definition; include an example of deviating from a social norm.		
Explain the 'deviation from statistical norms' definition; include an example of deviating from statistical norms.		
Draw a sketch of the normal distribution curve		
Explain the 'failure to function adequately' definition; include an example of failing to function adequately.		
Explain the 'deviation from ideal mental health' definition; include an example of deviating from ideal mental health.		
Characteristics of disorders		
What is meant by a 'behavioural' characteristic, a 'cognitive' characteristic and an 'emotional' characteristic?		
What is a phobia?		
Explain 2 behavioural characteristics of phobias, 2 cognitive characteristics of phobias and 2 emotional characteristics of phobias (use the acronym to help you remember!)		
What is depression?		
Explain 2 behavioural characteristics of depression, 2 cognitive characteristics of depression and 2 emotional characteristics of depression (use the acronym to help you remember!)		
What is OCD?		
Explain 2 behavioural characteristics of OCD, 2 cognitive characteristics of OCD and 2 emotional characteristics of OCD (use the acronym to help you remember!)		
Create a table or mind map summarising the behavioural, cognitive and emotional characteristics of each disorder (see psychopathology page on the website for an example)		