**Preparation work for psychopathology**

**Definitions of abnormality and Characteristics of Psychological disorders**

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*Make notes on the material below using the Psychopathology information pack and videos on* [*http://www.psych205.com/psychopathology1.html*](http://www.psych205.com/psychopathology1.html)*. Alternatively, you can use the QR code opposite to access the website.*

**These notes will provide you with the core knowledge you need for the lessons on this topic.**

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| --- | --- | --- | --- |
| **Skill** | **Key questions** | **Notes complete** | **How well do you understand this?****Write RED, AMBER or GREEN** |
| **Definitions of abnormality** |
| AO1 | Name the 4 ‘definitions of abnormality’ |  |  |
| AO1 | Explain the ‘deviation from social norms’ definition; include an example of deviating from a social norm. |  |  |
| AO1 | Explain the ‘deviation from statistical norms’ definition; include an example of deviating from statistical norms. |  |  |
| AO1 | Explain the ‘failure to function adequately’ definition; include an example of failing to function adequately. |  |  |
| AO1 | Explain the ‘deviation from ideal mental health’ definition; include an example of deviating from ideal mental health. |  |  |
| AO3 | Read the evaluation points for each ‘definition’ in the pack and make summarised notes on these |  |  |
| **Characteristics of disorders** |
| AO1 | What is meant by a ‘behavioural’ characteristic, a ‘cognitive’ characteristic and an ‘emotional’ characteristic? |  |  |
| AO1 | What is a phobia?  |  |  |
| AO1 | Explain 3 behavioural characteristics of phobias, 3 cognitive characteristics of phobias and 3 emotional characteristics of phobias |  |  |
| AO1 | What is depression? |  |  |
| AO1 | Explain 3-4 behavioural characteristics of depression, 3 cognitive characteristics of depression and 3-4 emotional characteristics of depression |  |  |
| AO1 | What is OCD? |  |  |
| AO1 | Explain 2 behavioural characteristics of OCD, 2 cognitive characteristics of OCD and 2 emotional characteristics of OCD |  |  |

**Also include the following in your notes:**

* ***Key terms:*** Standard deviation,objective, subjective, social norm, cultural relativism.
* ***Draw:*** A sketch of the normal distribution curve
* ***Create:*** A table or mind map summarising the behavioural, cognitive and emotional characteristics of each disorder (see psychopathology page on the website for an example)